



# GARDEN BUZZZZZZ



Volume 31 Issue 11 Central Alabama Master Gardener Association

## Hello November 2022



### **Message from Lynda** *Lynda Edwards, President CAMGA President*

CAMGA extends our deepest sympathy to the family of Sheila Radford, CAMGA Secretary, after the death of her mother, Ruby Baker on October 27, 2022. Please remember Sheila with your cards and prayers.

I congratulate our Nominating Committee for the slate of officers they will place in motion at the regular meeting on November 15, 2022. Nominations from the floor will be accepted but please note, the candidate must be aware of the nomination and agree to accept the nomination if elected.

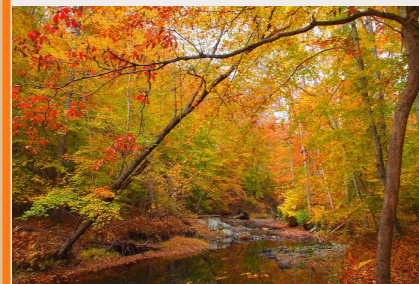
The new officers to be placed in motion by the committee are:

**President: Kelly LaFreniere**  
**V. President: Sandy Rosemond**  
**Secretary: Sheila Radford**  
**Treasurer: Sherri Lynn Davidson**

The officers will be installed at the Christmas Party on December 6, 2022. Kelly has already begun work to fill chair and coordinator positions so the transition will be smooth beginning January 1, 2023.

### Table of Contents:

Message from Lynda.....	1-2
Message from Mallory.....	3
October 2022 CAMGA Meeting Minutes.....	4-6
CAMGA Library News.....	7
Mansion Report .....	8
Spotlight on Volunteers.....	9
Getting to Know Our Members.....	10
November Calendar .....	11



**CAMGA Garden Buzzzz**  
**Carol Pugh — Editor**  
[pughdia@aces.edu](mailto:pughdia@aces.edu)

## ***Message from Lynda (Continued)***

***Lynda Edwards, President  
CAMGA President***

Jane Mobley has agreed to assist Mallory with some of the Lunch and Learn duties for the coming year. This is good news. Hopefully we can grow our L&L program by aggressively promoting outside CAMGA in Wetumpka and nearby communities. I blame Covid for many things but definitely it did have an effect on our attendance this year. Gradually attendance is increasing but could use a push.

A gift consisting of a collage of Soil Survey maps of Elmore County, 1939 series, printed years ago were donated to CAMGA and presented to me by current Intern George Walthall.

These have been in the Walthall family for quite some time and he is unsure how they were acquired. I will be presenting these maps at the November meeting to Dee Turberville for placement in our Library for your use at the November meeting. They are in excellent condition. Even though they are soil maps, Earnie found them most interesting because he was able to pinpoint the exact spot where his grandparents' house stood in the Claude Community of Elmore County. Earnie was born while his dad was serving our country in World War II so he and his mother lived with his grandparents during his first few months of life.

His father survived the bloody battle at Normandy Beach only to be killed in the South of France three months after Earnie's birth. Unfortunately, Earnie never met his dad but does vaguely remember the loud sound of the 21 gun salute and the taps played on the bugle at his funeral some four years later.

It took that long for the war to end and his mother could have his body shipped home to the U.S. for final burial.

Enjoy your Thanksgiving with family and friends. Pray for one another.

Happy Thanksgiving!

***Lynda Edwards  
CAMGA President***



## Message from Mallory

**Mallory Kelley**  
**Regional Extension Agent — Home Grounds,**  
**Gardens, & Home Pests**

### What Makes Beautiful Fall Foliage?

Fall weather in Central Alabama has finally arrived. There is nothing like those first few cool crisp mornings after the long hot summer months. As we all know, our September and October can often times be just as hot as August. Looking around the last few days I am seeing the vibrant colors of fall foliage.



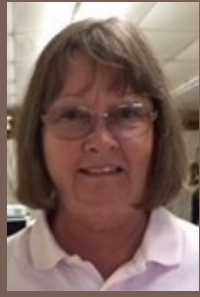
The initial plant that tells me fall is here is the terribly invasive popcorn tree! It is almost guaranteed to have a showy year! You will start to notice them along fence rows and out in pastures along the road sides. That is one great characteristic of this plant is its beautiful fall color.

Many times I am asked to make a fall foliage prediction for Alabama. To explain how to make an accurate fall color prediction let me remind you of the days in science class. The green color in leaves that we see all throughout the spring and summer is chlorophyll. Photosynthesis, the food-making process in the plant, takes place in the green, chlorophyll-containing leaves. As the day length changes and the amount of sun available to the leaves for photosynthesis begins to decrease. The living plant cells do not receive food and as a result, they change colors and then eventually die and fall to the ground.

As daylight hours shorten and temperatures drop, chlorophyll breaks down and disappears allowing the yellow color (which has been there all along) to show through. The potential for the yellow color has always been there, just covered up by the green chlorophyll. So now you know that the leaves do not actually change colors by magic, but rather by a chemical process in the plant that cause chlorophyll (the green color) to break down. So when someone asks you your projection for the fall colors this year, you can always say with certainty that it will be a great year for yellows! Now, what is it that brings along the amazing shades of red and orange that we all love to see in the fall of the year? While the process of photosynthesis is decreasing due to light changes causing yellow to appear, other chemical changes cause red, orange or even purple pigments to form. This is what gives plants such as dogwoods, sumacs, sweet gums, and other trees their red to purple fall colors. Sugar maples take on a fiery orange color, hickories will only show yellow colors, while oaks are primarily reddish brown to brown.

So what triggers leaves to form the beautiful shades of red, orange, and even purple? Warm sunny days with cool night temperatures, especially below 45 degrees. While we have not quite gotten down to 45 degrees, the nights in the 50's are definitely starting the process. These day and night temperatures tend to raise the level of red coloration. The cool night temperatures trap the sugars produced during the warm sunny day inside the leaves.

The interesting thing about fall color is that it can vary from tree to tree because of things such as genetics or physical location. Colors can even vary on the same tree. For example, leaves directly exposed to the afternoon sun may turn brilliant red while those on the shady side of the tree may only turn yellow. So now the mystery is solved and next time someone asks you for your projection for the fall foliage you can always say, the yellow fall color is guaranteed to be GREAT, but the red, orange and purple foliage will depend upon the warm day temps and cool night temperatures.



**CAMGA Minutes**  
**At Lanark — Millbrook, AL**  
**October 18, 2022**  
**10:00 a.m. — 12:00 noon**  
**By: Sheila Radford, Secretary**

Kelly introduced Maria Pacheco, the Lanark Garden Grounds Specialist/ Tour Coordinator and CAMGA member. Maria presented an informative talk and also furnished attending members with three recipes for pest control. These mixtures are effective, easy to make at home, and are safe to use around people and animals.

Maria has been employed at Lanark for 27 years. Lanark was originally established in 1935 and now belongs to the Alabama Wildlife Federation and encompasses 400 acres.

In addition to the recipes for chive spray, garlic spray, and chamomile tea spray Maria also shared some of the many uses for apple cider vinegar. Drinking a blend of 1 Tablespoon of apple cider vinegar and 1 teaspoon of honey in a cup of warm water at night restores some of the nutrients lost in a strenuous day's work. One ounce of apple cider vinegar combined, with one gallon of water is an effective method of cleaning plant leaves before bringing them inside for the winter. An ant repellent for use outdoors is 50% vinegar to 50% water. This same ratio can be used to make the soil directly around plants more acidic.

Epsom salt, which contains magnesium, is another easy to obtain ingredient that Maria talked about. One Tablespoon to a gallon of water is beneficial for ferns. A body soak with Epsom salt and crushed rosemary leaves can help anyone recover from a day in the garden. There are a great many naturally occurring substances that are of great benefit to people, animals, and plants.

Maria's presentation concluded at 11:00am.

Lynda called the meeting to order at 11:30am. Thirty-two members signed the attendance sheet. Member health concerns include: Sheila Radford's mother, Ruby Baker, diagnosed with kidney failure, but is resting comfortably at her place of residence under the care of hospice. Lois Pribulick is scheduled for orthopedic surgery in Birmingham on November 15th. Please pray for the surgeon's skill and for rapid, complete healing.

Last month's minutes were published in the Garden Buzz. Sheila moved, therefore, that reading the minutes be dispensed. Sandy seconded that motion.

Mary McCroan gave members an update. The \$2500 grant for the Learning Gardens was approved! Fencing to keep rabbit and deer out, construction of more raised beds, implementation of more vertical growing techniques and increased opportunities to experiment with what can be grown in home gardens are some of the goals for this endeavor.

## CAMGA Minutes Continued October 18, 2022 Meeting

Cheryl and Terry have completed their duties as the nominating committee for the 2023 Board of CAMGA officers. The potential candidates are Kelly LaFreniere president, Sandy Rosamond vice-president, Sheila Radford secretary, Sherri Davidson treasurer, and Cindy Augustine advisory council representative. CAMGA members will cast their votes at the November meeting and the new officers will be installed in December.

Kelly announced a planned outing after the November CAMGA meeting. The monthly meeting will be held at First Presbyterian Church and after the meeting a visit is planned to the Wadsworth Christmas Tree Farm, 3071 Dexter Road, Wetumpka, AL. Members are invited to carpool to the farm for a quick tour and shopping. They don't open to the public until November 19th. The practice of members contributing door prizes for CAMGA meetings has been reinstated as of this meeting. There were a great many nice things donated. This might increase the number of attendees as well as encouraging people to sign the attendance sheet. The speaker for the November Lunch and Learn will be Cathy Maddox.

Many members were able to renew their annual memberships electronically at the October meeting thanks to Sherri. Sherri praised the work that Dee Turberville does with the CAMGA library. More people need to utilize this resource.

### Treasurer's Financial Report:

Beginning balance as of Sept. 20.2022	\$22,500.48
Income	65.00
Expenses	<u>-19.53</u>

<b>Ending cash balance as of Oct. 17, 2022</b>	<b>\$22,545.95</b>
--	--------------------

The treasury report will be filed for audit.

Robin reminded members that the Christmas party/December meeting will be held on the first Tuesday of December not the third Tuesday. This is in order to avoid scheduling conflicts at this event-filled time of year. The plant sale committee will meet in January. The intern class is half way finished. The mentor participation has been outstanding this year. It's really important to create bonds with new Master Gardeners and this is a fine way to start those relationships.

Sandy spoke about CAMGA projects that need volunteers. The Wetumpka Community Market is on Nov. 3rd along the river walk in downtown Wetumpka from 3:00 - 7:00 pm. CAMGA will be selling hand-made Christmas ornaments, handing out brochures, and answering questions about the Master Gardener Association. There are two shifts available 3:00 - 5:00 and 5:00 - 7:00 pm.

## **CAMGA Minutes Continued October 18, 2022 Meeting**

On Tuesday, November 8 volunteers are needed to help fill and card sachet bags. This will be held in the Extension kitchen from 9:00 - 11:00 a.m. prior to the Lunch and Learn program which will take place at Wetumpka First Presbyterian Church. Donations of dried, de-stemmed aromatic herbs such as mint, lemon balm, lavender, and chamomile are appreciated. There is a large amount of rosemary already on hand.

The following day, November 9th is the ornament workshop at the Extension office. There will be two sessions. The first is from 10-12 noon and second is from 1-3 p. m. These ornaments are for the tree outside the Market Shops and for the tree at the Presbyterian Church. Please bring lichens, acorns, cotton bolls, Spanish moss, feathers, and any other things from nature that would make interesting decorations.

Wetumpka's Dickens Christmas will be held Friday, December 2 and Saturday, December 3 from 5-8p.m. in the downtown area. CAMGA will have two shifts from 5-6:30 and 6:30-8:00 p.m. Volunteers will be walking and handing out sachet bags, literature, and promoting the Master Gardener organization. Please consider dressing in Victorian type attire.

Mallory requested a shout-out for Robin who has done an exemplary job working with the intern class. Mentors are always encouraged to involve themselves with their assigned interns, but this class has been especially favored with mentor participation.

Mallory was also pleased to announce that Jane Mobley has agreed to assist her with the Lunch and Learn program going forward in 2023. This program is an important outreach tool for CAMGA that needs to be kept going.

Old Business: None

New Business: None

Meeting adjourned at 12:22

***Minutes respectfully submitted by,  
Sheila Radford, CAMGA Secretary***



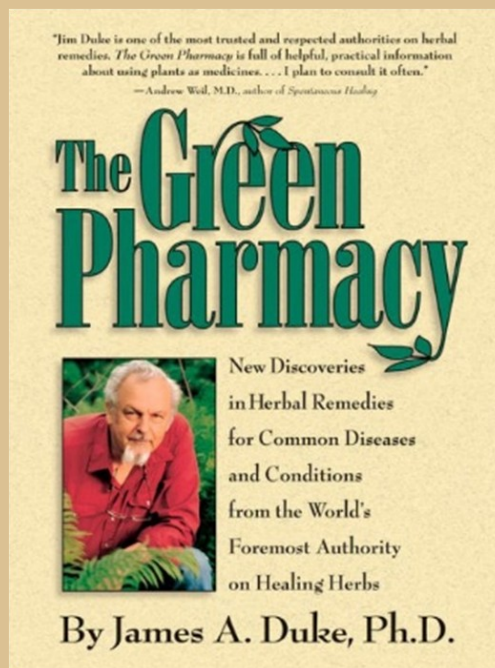
## CAMGA Library News

### November 2022

By: Dee Turberville

### The Green Pharmacy By James A. Duke, Ph.D.

*The Green Pharmacy; New Discoveries in Herbal Remedies for Common Diseases and Conditions from the World's Foremost Authority on Healing Herbs* is a classic reference of natural remedies for over 120 conditions. First published in 1997, the book is still relevant for today's readers. After an introductory chapter on how to use herbs, James Duke has compiled an extensive alphabetical listing of ailments with recommended recipes for herbal treatments. For example, anise for asthma, feverfew for migraines, tee tree oil for athlete's feet, celery for high blood pressure, carrots for high cholesterol, horse chestnut and witch hazel for wrinkles as well as for varicose veins along with violet. Utilize the index to find a particular remedy or herb.



This title does not disdain Western medicine or traditional folk remedies, but it does give low-cost treatments that you may be able to prepare at home by making teas and tinctures from the plants, bushes and trees around you. Dr. Duke does provide warnings that some mixtures could be harmful if not taken with due respect and consideration for what is best for your unique constitution. He recommends discussing any herbal treatments with your doctor. One of the conclusions I came to is that garlic, repeated in many recipes and remedies, is a most helpful plant and one we all should grow!



## Governor's Mansion Report For October 2022 By: Amanda Borden



We weeded in the Mansion's Serenity Garden, around the pool, in the forsythia bed, and in the Herb Garden. Torpedo grass and Florida betony were our main targets. We weeded and trimmed in the back yard of the Hill House and made plans to relocate some very neglected roses. Weed eaters and roses are never a good idea.

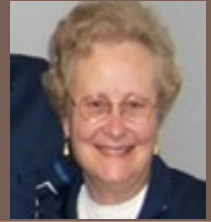
October Mansion volunteers were Amanda Borden, Anne Carr, Linda Cater, Jaeri Ellis, Cheryl McKiernan, Dawn Mitchell, Jane McCarthy, Darwin Prewitt, Kathy Quinn, and Robin Snyder.



## SPOTLIGHT On VOLUNTEERS

### October 2022

By: Judy May



Members who brought refreshments to the October meeting were Margaret Cully, Dee Turberville, Sheila Radford, Leslie Bingham, Betty Plaster, Judy May, Lynda Edwards, Robin Snyder and Bonnie McCormick.

Members who volunteered at the Governor's Mansion this month were Amanda Borden, Anne Carr, Linda Cater, Jaeri Ellis, Cheryl McKiernan, Dawn Mitchell, Jane McCarthy, Dawn Prewitt, Kathy Quinn and Robin Snyder.

Maria says in September the Nature Center hosted Honey Fest. Thanks to all the wonderful people CAMGA people who helped. Mary Ann and Ricky Hatcher, Deborah Kelso, Sheila Pearson, Bionca Lindsey, Kelly LaFreniere, Don Hoover, Judy May, and intern Cindy Deane. We had a lot of fun and raised money for the Lanark gardens with our plant sale.

Maria also says Don Hoover, Leslie Bingham and intern Cindy Deane have helped this past month of October. I appreciate all the help that I can get to keep the Lanark gardens in shape. Thanks so much!



## November 2022 Featured Member: ***NORMA BUSBY***



Hello I am Norma Busby.

I was born in Georgia and now live in Wetumpka, but have always been a “Southern Girl”!

My husband is Bob. I have five grown children and many grandchildren.

I am retired and enjoy gardening and crafts. Other interests that I have is hiking, genealogy, and mission work involving sewing with my church group.

I took the Master Gardener Class because my Grandmother and Mother always loved gardening. I guess I caught the “garden bug” from them.

My favorite gardening interests includes all flowering plants... especially daffodils, daylilies, and hydrangeas.

Something that you may not know about me is, I used to be a fairly good tennis player.

# November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Lanark Gardens Workday 8-11 a.m.	3 Learning Gardens 8-12 noon at Extension Office  First Thursday Community Market 3-7 p.m.	4	5
6 Daylight Savings Time Ends	7 Governor's Mansions Gardens Workday 9-11 a.m.	8 Ornaments Workday 9-11 a.m. Extension Auditorium  Lunch & Learn 12-1 p.m. First Presbyterian Church,	9 Lanark Gardens Workday 8-11 a.m.  Ornaments Workday 10-12 and 1-3 p.m. Extension Auditorium	10 Learning Gardens 8-12 noon at Extension Office  MG Helpline at Extension Office 9 a.m. — 1 p.m.	11	12
13 CAMGA Board Zoom Meeting	14 Governor's Mansions Gardens Workday 9-11 a.m.	15 CAMGA Monthly Meeting, First Presbyterian Church — 10 to 12 noon. After meeting tour Wadsworth Christmas Tree Farm	16 Lanark Gardens Workday 8-11 a.m.	17 Learning Gardens 8-12 noon at Extension Office	18	19
20	21 Governor's Mansions Gardens Workday 9-11 a.m.	22	23 Lanark Gardens Workday 8-11 a.m.	24 	25	26
27	28 Governor's Mansions Gardens Workday	29	30 Lanark Gardens Workday 8-11 a.m.			

## Please Note:

Don Armstrong is going to speak to us at the November 15th CAMGA meeting about landscape design ideas at the Church!! Then after the business meeting, whoever is interested can drive/ride to Wadsworth Christmas Tree Farm for a tour.

